



Hello Groton-Dunstable Families. I can't believe this is the last issue of News Bites before school starts!

We are so excited to be almost ready to welcome your children back to school whether on Zoom or in the classrooms.. We need their energy and are ready to go!

Here are this weeks updated links:

- [Update on Re-Opening Plan](#) (9/2)
- [Your Health and Safety](#)
- [DESE DPH Joint Memo](#) 8/19
- [DESE DPH Alignment Presentation](#) 8/19

PURPOSE OF NEW BITES: As we shift into the school year, I want to make this newsletter a message from me each month that not only gives an update to families about what is happening in the district but also included information and VLOGS that create a partnership and offers up helpful tips for working with your children at home.

THIS WEEK IN A NUTSHELL:

We continued to engage in professional development with each other. In addition to continuing with district, building, and educator time, we have identified some areas where we are going to be working to help children feel engaged and motivated. These areas are

- Feedback Loops
- Student Individual Goals
- Student Friendly Learning Targets

It will be my plan to VLOG about these topics both as an intro to each and also two specific VLOGS on Feedback and Student Goals. These are certainly two topics that you can adopt into your own work with your children at home.



Videos ABOUND: Below you will find links to videos that have been sent home to you and your children. Here they are again so that you can take some time to watch before school begins next week:

- [GDRSD Mask Break.mov](#)
- [All About Mask Wearing](#)
- [GDRSD Bus Video](#)

- [Boutwell Staff Introduction Video.mov](#)
- [Boutwell Staff Introduction Book \(2\).pdf](#)
- [Boutwell Drop off Protocol 2020](#)

- [FloRo Drop off Protocol](#)
- [FloRo Virtual Meet the Staff 2020.pdf](#)

- [Swallow Union Welcome 2020 Multimedia Presentation](#)

- [MS Drop off Protocol](#)

- [GDRHS Welcome Back Video](#)



Coming Soon:

- Feedback and how to make it powerful at home
- Goal Setting for Children and how to make

FEATURED THIS WEEK: Getting off to the right start is very important. September is like our new year. So how do we start off on the right foot? How do we:

- Make time for self care
- Choose appropriate ways to recharge
- Create habits that last and start to rewire our brains.

ENJOY WATCHING: **SELF CARE TIPS FOR THE WHOLE FAMILY! RISE AND SHINE**

Now is the time to reflect about building these routines and habits for both adults and children

Here is the new VLOG archive for all the shared VLOGS so far.

[Mrs. D VLOGS ARCHIVE](#)

Have a wonderful weekend!

Kristin DeFrancisco

